



Venlafaxine



Increases serotonin and noradrenaline activity and helps with low mood and anxiety

A bit better at 2 weeks, full effects at 6-8 weeks

Common side-effects are feeling or getting sick, headache, dry mouth, sweating more, feeling dizzy, trouble sleeping, constipation and less interest in intimate relationships

Talk to your doctor if you want to stop it

Take it in the morning and keep taking for at least 6 months

Call your doctor if you get very anxious and restless or have thoughts of hurting yourself during the first few weeks