



Quetiapine



Lowers dopamine activity and helps with intrusive and distressing thoughts; hearing or seeing things that others don't; strongly believing things you usually don't; feeling agitated and very excited with high energy

A bit better after 1-2 weeks, full effects at 4-6 weeks

Common side-effects are feeling tired, headache, feeling dizzy, dry mouth, increased appetite, weight gain, feeling restless and unusual dreams

Physical health tests to check your heart, weight, BMI and blood tests to check sugar, fats and hormones

Talk to your doctor if you want to stop it

Take it once or twice a day and keep taking for 1-3 years