



# Olanzapine



Lowers dopamine activity and helps with having intrusive and distressing thoughts; strongly believing things you usually don't; hearing or seeing things that others don't and feeling agitated and very excited with high energy

A bit better after 1-2 weeks, full effects at 4-6 weeks

Common side-effects are feeling sleepy, increased appetite, weight gain, dry mouth, constipation, feeling dizzy, stiff muscles and shaky hands

Physical health tests to check your heart, weight, BMI and blood tests to check sugar, fats and hormones

Talk to your doctor if you want to stop it

Available as tablets or an injection

Take tablets at night and keep taking for 1-3 years