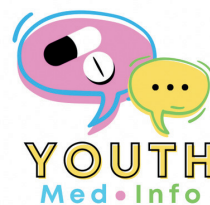




Mirtazapine



Increases serotonin and noradrenaline activity and helps with low mood and anxiety

A bit better at 2 weeks,
full effects at 6-8 weeks

Common side-effects are feeling sleepy, increased appetite, feeling dizzy, dry mouth and headache

Talk to your doctor if you
want to stop it

Take it at night before bed and
keep taking for at least 6 months

Call your doctor if you get very
anxious and restless or have thoughts
of hurting yourself during the first few
weeks