



# Lurasidone

Lowers dopamine activity and helps with hearing or seeing things that others don't; having intrusive and distressing thoughts; strongly believing things you usually don't; and feeling agitated and very excited with high energy

A bit better after 1-2 weeks, full effects at 4-6 weeks

Common side-effects are feeling restless, stiff muscles, trouble sleeping, feeling sick, feeling dizzy, diarrhoea, feeling tired and headache

Physical health tests to check your heart, weight, BMI and blood tests to check sugar, fats and hormones

Talk to your doctor if you want to stop it

Take it in the morning with food and keep taking for 1-3 years