

## Asenapine



Lowers dopamine activity and helps with hearing or seeing things that others don't; strongly believing things you usually don't; having intrusive and distressing thoughts; and feeling agitated and very excited with high energy

A bit better after 1-2 weeks, full effects at 4-6 weeks

Common side-effects are feeling tired, feeling more anxious, shaky hands, feeling restless, increased appetite, feeling dizzy and numb tongue

Physical health tests to check your heart, weight, BMI and blood tests to check sugar, fats and hormones

Talk to your doctor if you want to stop it

Tablets dissolve under your tongue - don't chew or swallow

Take in the morning and at night and keep taking for 1-3 years