



Parent/Guardian
and Child

METHYLPHENIDATE

Helps with focus and concentration, starting and finishing tasks and moving around or making noise and shouting out

Helps right away with moving around, making noise and shouting out

Full effects build up over 4-6 weeks

Might get sore head, trouble sleeping, sore tummy, getting dizzy, being less hungry, feeling more worried and fast or fluttering heart

Health checks for the heart, weight and height

Ask the doctor about stopping and treatment breaks

Take in the morning with breakfast

Tell the doctor right away if you notice more anger or upset, or thoughts of self-harm

Check up every 3 months

Collect the medicine within 14 days