



VENLAFAXINE



Increases serotonin and noradrenaline activity and helps with low mood and anxiety

Some benefits at 2 weeks, full effects at 6-8 weeks

Side-effects include feeling or getting sick, headache, dry mouth, increased sweating, dizziness, trouble sleeping, constipation and less interest in intimate relationships

Talk to your doctor if you want to stop taking it

Take it in the morning with food and continue for at least 6 months

Call your doctor if you get very anxious and restless or have thoughts of harming yourself during the first few weeks