



SERTRALINE



**Increases serotonin activity
and helps with anxiety, OCD
and low mood**

**Some benefits at 2 weeks,
full effects at 6-8 weeks**

**Side-effects include feeling or
getting sick, diarrhoea, headache,
trouble sleeping, feeling more
anxious, loss of appetite, less
interest in intimate relationships**

**Talk to your doctor if you want to
stop it**

**Take it in the morning and
continue for at least 6 months**

**Call your doctor if you get very
anxious and restless or have
thoughts of harming yourself
during the first few weeks**