

Decreases dopamine activity and helps with intrusive and distressing thoughts; hearing or seeing things that aren't there; strongly believing things you usually don't; feeling agitated, very excited or elated and low mood

Some benefits after 1-2 weeks, full effects at 4-6 weeks

Side-effects include drowsiness, headache, dizziness, dry mouth, increased appetite, feeling restless and unusual dreams

Physical health tests to check your heart, weight, BMI and blood tests to check sugar, fats and hormones

Talk to your doctor if you want to stop it

Take it it wice a day and continue for 6 months to 2 years