



# OLANZAPINE



**Decreases dopamine activity and helps with intrusive and distressing thoughts; strongly believing things you usually don't; hearing or seeing things that aren't there; and feeling agitated, very excited or elated**

**Some benefits after 1-2 weeks, full effects at 4-6 weeks**

**Side-effects include drowsiness, increased appetite, dry mouth, constipation, dizziness, stiff muscles and shaky hands**

**Physical health tests to check your heart, weight, BMI and blood tests to check sugar, fats and hormones**

**Talk to your doctor if you want to stop it**

**Take it at night and continue for 6 months to 2 years**